



Helford River Sailing Club
Helford, Helston
Cornwall TR12 6LB
Tel Clubhouse 01326 231460
Tel & Fax Office 01326 231006
www.helfordriversc.co.uk
helfordriversc@aol.com

**HRSC River Regatta Sunday July 18th 2010 Sailing Instructions for Yachts,
Cruisers, Gaffers and Working Boats** High Water 11:08, 4.8m

1. Rules.

Racing will be governed by the Racing Rules of Sailing (2009 - 2012), with RYA Prescriptions, these sailing instructions, the appropriate class rules and the Notice of Race(which may be amended by these Instructions). In the cruiser class spinnakers and cruising chutes are not permitted.

2. Entry and Insurance

The owners / helmsmen of all yachts wishing to take part in races must do the following:-

- A. Insure their craft for a minimum of £2,000,000 third party risks
- B. Complete, sign and return an official Entry Form to the Club before racing (available from the Club Administrator and web site above)
- C. Carry an appropriate class flag on their yacht when racing. IRC flag E, PY flag Z, Gaffers and Working Boats flag G and cruisers flag V.

3. Schedule of Races.

There will be three races for IRC and PY classes, each of approximately 1 hour duration. There will be one race for Gaffers/ Working Boats, and one for cruisers. Prizes will be given for 1st, 2nd and 3rd for all classes if sufficient numbers race.

Start Time	Class
10.30	E (Race 1)
10.35	Z (Race 1)

Race 2 for E class will start shortly after the last boat finishes Race 1, with Z class 5 minutes later.

Race 3 for E class will start after the last boat finishes Race 2, with Z class 5 minutes later. The G class race will start 5 minutes after Z class and the V class 5 minutes after G class. There may be a break between Race 2 and Race 3 at the discretion of the Race Officer depending on conditions.

Cruisers (V Class) are invited to sail a Cruise in Company, starting from the Committee Boat at the end of the starting sequence for Race 3. The V Class course will be Porthallow buoy (P), Black Rock buoy (P), Maenporth buoy (P) then finishing on the Dennis line. White sails only – no spinnaker or cruising chute. Please time your own finish at the Dennis Line. Please keep clear of other classes on the start line.

4. Notices to Competitors and Changes to Sailing Instructions.

All notices will be posted on the official notice board located in the HRSC clubhouse and any changes will be posted here before 09.00hrs on the day of racing.

5. Competitors Responsibility

The safety of a yacht and her entire management including insurance shall be the sole and inescapable responsibility of the owner / competitor racing the yacht.

The establishment of these sailing instructions in no way limits or reduces the complete and unlimited responsibility of the owner / competitor for his / her crew, his / her yacht and the management thereof.

6. Safety

Skippers of all competing yachts must ensure that their vessels are equipped with all adequate and up to date safety equipment. The minimum acceptable safety standards for keelboats competing in river and Falmouth Bay races are ORC Category 4. It is not mandatory, but highly recommended that each craft be fitted with a working VHF radio duly licensed and has a qualified operator on board. It is the responsibility of the competitors alone to decide whether or not it is safe to race. Competitors are individually responsible whether or not to start but the Committee reserves the right to cancel the race should the conditions be unsuitable in which case Flag "N" will be flown from the Clubhouse

7. Navigation

On all courses competitors must pass to seaward of August Rock Buoy, north of Voose Buoy and south of Bar Buoy.

8. Start Line

A Committee Boat will be stationed in the mouth of the river flying an orange flag. The start line will be between the mast of the Committee Boat and a buoy flying an orange flag. (Outer Distance Mark (ODM)). An Inner Mark (ILM) may be positioned near to the Committee Boat. When approaching the line to start, boats shall pass between the ODM and the ILM (if any). Competitors may not sail between the ILM and the Committee Boat at any time. Competitors not within their starting sequence should keep clear of competitors starting.

9. Finish Line / Committee Boat

A Committee Boat will fly a blue flag to indicate it is on station and ready to finish competing yachts. The finish line will be between the mast of the Committee Boat and a mark flying an orange flag.

10. Courses

Courses will be Windward / Leeward. The windward mark will be a large orange inflatable mark, the bearing to which will be displayed on the Committee Boat. The Leeward mark will be a black pole, laid a short distance downwind of the start line. Boats MUST NOT pass through the start line on the downwind legs and MUST pass through this line on the upwind legs. In the event of a change of wind direction the Race Officer may move the windward mark during a race by giving a repeated hooter as boats pass through the start line and displaying the new mark direction on the Committee Boat. The number of laps will be 10, unless shortened by the Race Officer.

11. Starts and starting signals

Rule 26 will apply i.e: There will be a 5-4-1-0 start sequence for each race, with class flags hoisted at the 5 minute warning signal.

ISAF Rule 30 (Starting penalties) will not apply. All competitors must take every precaution to keep clear of all moored craft in the river. Particular attention is drawn to those rules concerning right of way at obstructions.

12. Recalls

In accordance with ISAF Rule 29.

13. Postponements / Abandonments

In accordance with ISAF Rule 27.3.

14. Shortened Courses

In accordance with ISAF Rule 32.2, except as modified by these Sailing Instructions.

15. Retirements

All competitors retiring should notify the Race Officer.

16 Time Limits

The time limit for all races for classes E, Z and G is 1 _ hours. Class V time limit is 2 _ hours.

ISAF Rule 35 will not apply. A yacht finishing after the time limit will be deemed to have retired.

17. Alternative penalties

ISAF Rules 44.1 and 44.2 will apply.

18. Protests

Protests will be heard in accordance with ISAF Rules 60 - 71 (part 5). This procedure must be followed correctly and in full, or the protest may not be heard. A fee of £10 must be presented with the protest. Protests must be notified to the Race Officer on the Committee Boat within 5 minutes of the last boat finishing in that class. Protests forms must be presented ashore within one hour of the last boat in that class finishing the last race.

A regatta protest form is available from the Club Office.

19. Scoring

The Low – Point scoring system appendix A4 of the Racing Rules will apply. If three races are sailed there will be one discard. If two or less races are sailed there will be no discard.

20. Handicapping

The handicap system for keelboat classes will be arranged and organised by the Handicap Committee, to whom all queries should be addressed in writing.

21. Communications

The Race Officer may communicate with competitors using Chanel 72

22. Teas and Prize Giving

Competitors are invited to the Clubhouse after racing. Teas will be available free of charge. The bar will be open. Arrangements will be made for competing yachts to raft up in the river, liberty boats will be on hand for ship to shore and return ferry service. The prize giving will take place as soon as possible after racing.

V3 06/07/10