

# HELFORD RIVER SAILING CLUB

## L'Aber-Wrac'h

2010

Annual Pursuit Race from Helford

HELFORD, MANACCAN, NR HELSTON, CORNWALL, TR12  
6LB

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### SAILING INSTRUCTIONS

**1. RULES.** Racing will be governed by the rules as defined in the Racing Rules of Sailing 2009 – 2012 (RRS). The ISAF Offshore Special Regulations 2009 – 2010 for Category 3 races, the prescriptions of the RYA, the 2010 L' Aber wrac'h Notice of Race and these Sailing Instructions.

**2. DISCLAIMER OF RESPONSIBILITY.** Competitors participating in this race do so entirely at their own risk. See RRS Rule 4, Decision to Race. The organising authority will not accept any liability for material damage, personal injury or death sustained in conjunction with or prior to, during, or after the racing.

**3. SEAWORTHINESS, SAFETY AND SPECIAL REGULATIONS.** The Offshore Racing Council's Special Regulations Category 3 will be in force. Every yacht must also carry a life-raft capable of carrying the entire crew. Boats are liable to random inspection for compliance with safety regulations. Any boats found to be in breach of the specified regulations will be disqualified.

Each yacht shall carry Admiralty Charts No 1432 and 2644 or Imray 35 or the equivalent French charts, in addition to the normal charts for the area.

Yachts may use their engine to recover a man overboard or to render assistance in grave emergency. Full details must be reported on the Declaration Card.

**4. NOTICES** to competitors will be posted on the HRSC l'Aber Wrac'h notice board in the clubhouse. Changes to these Sailing Instructions will be posted on the notice board before 08:30 on Friday 25 June 2010. International Code Flag "L" will be flown on the HRSC flag pole to indicate a change to the Sailing Instructions.

**5. CREW LISTS.** All starters **must** declare the number of persons on board not later than 0:830 on Friday 25 June 2010 to the Race Office at HRSC clubhouse, or by telephone to 01326 – 231460.

**6. IDENTIFICATION ON SAILS.** In interests of safety and race results, all yachts must make every effort to display their correct sail number on at least their mainsail. Yachts which cannot comply **must** advise the HRSC race committee prior to 08:30 on Friday 25th June. This changes Rule 77.

**7. HANDICAPS AND START TIMES.** Handicaps and start times will be issued by the HRSC Handicap Committee who will, where appropriate, use ratings from the F F V published list. Any queries or complaints must be addressed to the Handicap Committee in writing.

**8. THE START LINE** will be the transit of the pole on Dennis Head with the triangle behind. (See chart on HRSC notice board). There will be a distance mark (black pole buoy) near but not necessarily on the line. Yachts shall start south of this distance mark. Yachts failing to start correctly will be penalised by adding 15 minutes to their elapsed race time. No engines shall be used within 5 minutes of each individual yacht's start time.

**9. COURSE.** The Manacles buoy shall be left to starboard.

**10. THE FINISHING LINE** is at the entrance to the Grand Chenal and is the Libenter Buoy in transit with the Ile Vierge Lighthouse bearing 077° Magnetic and extending 200 metres to the westward of Libenter buoy.

**11. DECLARATION.** All competitors (**including retirements**) are required to complete the Declaration Card on arrival at L'Aber Wrac'h. Finishers should state their time (BST) crossing the finish line, and if possible, stating the yacht ahead and astern.

Cards should be handed to the HRSC representative in the sailing club on the quay. Please ensure that cards are handed in as soon as possible after arrival to enable the organisers to prepare for the Prize Giving. Cards received after 1200 hrs (BST) on 26th June 2009 and more than 3 hours after arrival at L'Aber Wrac'h may not be counted. Boats not declaring by 1700 hrs (BST) will be assumed to have retired from the race but must still hand in their declaration card.

**Important:** If skippers fail to complete and hand in the declaration card the organisers will assume the yacht is missing and alert the coastguard.

**12. TIME LIMIT** for all competitors is 16:00 hrs BST on Saturday 26 June 2010. Rule 35 will not apply.

**13. CLASSES.** The principal race will be the L'Aber Wrac'h Pursuit Race, in which every competitor shall be entered. Within the principal race there will be two classes:

IRC Class: for which an entry must hold a valid current IRC Certificate.

Beneteau Class: Sponsored by Ancasta for all Beneteau boats.

Entrants in the IRC and Beneteau classes will start at their designated pursuit time, but their elapsed time will be corrected by handicap factor to determine the results. Beneteau competitors will use their IRC handicaps, except non – IRC boats which will sail to a handicap issued by the HRSC Handicap Committee.

**NOTE** that the results of these two classes entail competitors accurately self-certifying their finish times as there will **NOT** be a Committee Boat at the finish line.

Scoring will be in accordance with RRS Appendix "A".

**14. PROTESTS** arising out of the race must be made in writing, accompanied by a protest fee of £10, to the HRSC representative as soon as practicable after the arrival of the protesting boat. Protests will be held as soon as is practicable after the race; this may be at HRSC some days after the race.

**15. PRIZES AND RECEPTION.** The prize-giving will take place at 19:00 local time on Saturday 26 June 2010 at the Yacht Club des Abers. Prizes will be as described in the Notice of Race.

**16. ABANDONMENT OR POSTPONEMENT.** It is the responsibility of all skippers to obtain reliable weather forecasts and to take their own independent decision as to the advisability of putting to sea or not. Because of the wide range of craft competing and the differing crew capabilities, the non-cancellation of the race does NOT imply it is safe for an individual yacht to sail. However, the Committee reserve the right to postpone or cancel the race. **Abandonment signal** - Flag N over code Flag H will be flown from the Clubhouse. **Postponement signal** - AP answering pennant over code flag H will be flown from the Clubhouse. For information regarding new start times or cancellation, telephone the Clubhouse or 01326 – 231460. The conditions will be reviewed continuously in the case of a postponement, to reduce to a minimum the period of the postponement.

**17. RETIREMENT.** The organisers must assume all yachts entered will race. If any yacht fails to start or retires to another port, it is absolutely essential that the skipper telephones the HRSC contact on 01326 – 231357 or the Coastguard 01326 – 317575.

The Coastguard will be advised of any yacht that has not reported back and is considered by the race organisers to be overdue. Use VHF Channel 69 for yacht to yacht contact.

**FAILURE TO REPORT MAY INITIATE SEARCH AND RESCUE OPERATIONS AS THEY WILL BE REPORTED MISSING.**

Channel “M” should be used for contact with HRSC from 0900 hrs – 1600 hrs on 25<sup>th</sup> June 2010. Telephone enquiries 01326 – 231460 (start only).

## **SUPPLEMENTARY NOTICES TO COMPETITORS**

1. **TIDES.** Low water on Friday 25 June is at approximately noon BST, height 1.3 m. The club pontoon will be inaccessible for tenders for approximately 1 hr 20 min at either side of low water.
2. **MOBILE PHONE NUMBERS.** For safety purposes would all entrants please write the mobile phone number of at least one crew member (or more) on the back of their entry form.
3. **SOCIAL ACTIVITIES ETC.** There is a full range of social activities prior to the race. See separate flyer sheet for more details.